



# Eating Gluten Free and Paleo in Paris

*Restaurant Guide From A Clean Bake*  
[www.acleanbake.com](http://www.acleanbake.com)

---

## **Café de la Place**

*Sandwiches, salads, cheese, coffee, wine, beer and traditional French bistro entrees*

<http://www.yelp.com/biz/caf%C3%A9-de-la-place-paris-5>

23 Rue Odessa

## **Cabine du Pecheur (Fishmonger)**

*Fresh local fish*

4 Rue Desaix

## **Charivari**

*Sandwiches, salads, cheese, coffee, wine, beer and traditional French bistro entrees*

<http://bit.ly/1JrDR6G>

143 boulevard Raspail

## **Comptoir du Pantheon**

*Upscale French brasserie fare, including fois gras, salads, steaks and escargots; full bar*

<http://www.yelp.com/biz/comptoir-du-panth%C3%A9on-paris-2>

5 rue Soufflot

**Le Crystal Brasserie**

*Pizza, salads, roast meat entrees, full bar*

<http://bit.ly/1Jg8p8k>

96 Boulevard de Port-Royal

**Firmine**

*Appetizers, wood fired pizzas, pastas, soups, salads, cheese, wine and beer*

<http://www.yelp.com/biz/firmine-paris>

38 bis ave de Suffren

**Franprix**

*Supermarket*

<http://www.franprix.fr/>

Locations throughout Paris

**L'As du Falafel**

*Falafel, shawarma and Israeli specialties. A good take out option.*

<http://www.yelp.com/biz/l-as-du-falafel-paris>

34 rue des Rosiers

**Laduree**

*Gourmet French macarons*

[https://www.laduree.com/en\\_int/](https://www.laduree.com/en_int/)

Multiple locations

**Les Patios Brasserie**

*Sandwiches, salads, cheese, coffee, wine, beer and traditional French bistro entrees*

<http://bit.ly/1HpvUi2>

5 Place de la Sorbonne

**Mi Va Mi Falafel**

*Falafel, shawarma and Israeli specialties. Table service or take out.*

<http://www.yelp.com/biz/mi-va-mi-paris>

23 rue des Rosiers

**Pierre Herme**

*Gourmet French macarons*

<http://www.pierreherme.com/>

Multiple locations